

This flyer may be helpful to display in your room during hospital stays, or on your wheelchair, to educate those around you about precautions to consider when caring for a person with OI.

Patient's Name

CAUTION!! I HAVE OSTEOGENESIS IMPERFECTA (OI) Handle me gently at all times.

I have osteogenesis imperfecta (OI), this means that I may have:

- Fragile bones
- Fragile skin
- Loose joints

- Fragile Teeth
- Lying flat may be difficult
- I may have respiratory problems

SUPPORT my entire body when lifting or turning me.

- **DO NOT** pull on my arms or legs to help me sit up or turn over.
- **DO NOT** force my head to turn.

My family and I can provide additional directions.

GENTLY remove any surgical tape or dressings; my skin is very fragile.

Check that the dose of all medicines has been adjusted to my small size.

Monitor blood pressure using a pediatric cuff if possible.

• **Do not** try and take a BP on a broken or curved arm.

Use Pediatric size equipment if/when necessary.

CONTACT my primary care doctor if you have questions about how to handle me.

Doctor's Name______ Phone #_____

□ I have hearing loss and may not hear you if my aids are not in.